



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE - April 12, 2018

BEATRICE MARY FAMILY YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday
5:15 AM - 6:00 AM	Aqua Stand Up	Open & Lap Swim	Lap Swim	Open & Lap Swim	Open & Lap Swim
5:15 AM - 8:00 AM	Lap Swim				
8:00 AM - 9:00 AM	WaterinMotion 8:15 - 9:00	Aqua Surprise 8:00 - 8:45	WaterinMotion 8:15 - 9:00	Aqua Surprise 8:00 - 8:45	WaterinMotion 8:15 - 9:00
9:00 AM - 9:45 AM	Arthritic Aquacise	Arthritic Aquacise	Arthritic Aquacise	Arthritic Aquacise	Arthritic Aquacise
10:00 AM - 10:45 AM	Open & Lap Swim	Aqua Stand Up	Swim Lessons	Aqua Stand Up	Open & Lap Swim
11:15 AM - 12:15 PM	WaterinMotion	Open & Lap Swim	WaterinMotion	Open & Lap Swim	WaterinMotion
12:15 PM - 12:45 PM	Open & Lap Swim until 6:15	Aqua Stand Up	Open & Lap Swim until 6:15	Open & Lap Swim	Open & Lap Swim
12:45 PM - 1:00 PM		Open & Lap Swim		Swim lessons	
1:00 PM - 3:00 PM					
3:00 PM - 4:00 PM		Water Gym/Aquacise		Water Gym/Aquacise	NO OPEN/LAP SWIM 4:00 - 6:30
4:00 PM - 5:45 PM		Open & Lap Swim 5:45 - 6:45		Open & Lap Swim 5:45 - 6:45	
5:45 PM - 6:45 PM		NO OPEN/LAP SWIM		NO OPEN/LAP SWIM	Aqua Stand Up 6:30 - 7:30
6:15 PM - 7:30 PM		Open & Lap Swim		Open & Lap Swim	Open & Lap Swim
7:30 PM - 8:00 PM	Open & Lap Swim		Open & Lap Swim		
7:45 PM - 8:45 PM					

	Saturday	Sunday
7:30 AM - 11:00 AM	Open & Lap Swim/ Swim Lessons @ 9:00	
1:00 PM - 4:00 PM	Open & Lap Swim	
1:30 PM - 4:00 PM		Open & Lap Swim

Visit our website @ beatriceymca.org