



Beatrice YMCA Pool Schedule November 12, 2018

Monday **Pool Usage Schedule**

5:15 - 8:00 am Lap/Recreation Swim
 8:00 - 10:00 am Aqua Classes
 10:00 - 11:30 am Lap/Recreation Swim
 11:30 - 12:15 pm Aqua Classes
 12:15 - 4:00 pm Lap/Recreation Swim
 4:00 - 6:45 pm Swim Team
 6:45 - 8:45 pm Lap/Recreation Swim

Tuesday **Pool Usage Schedule**

5:15 - 8:00 am Lap/Recreation Swim
 8:00 - 10:30 am Aqua Classes
 10:30 - 12:15 pm Lap/Recreation Swim
 12:15 - 12:45 pm Aqua Classes
 12:45 - 4:00 pm Lap/Recreation Swim
 4:00 - 5:30 pm Aqua Classes
 4:15 - 5:30 pm Swim Lessons
 5:30 - 8:15 pm Swim Team
 8:15 - 8:45 pm Lap/Recreation Swim

Wednesday **Pool Usage Schedule**

5:15 - 6:00 am Lap/Recreation Swim
 6:00 - 7:00 am High School Swim Team
 7:00 - 8:00 am Lap/Recreation Swim
 8:00 - 10:00 am Aqua Classes
 10:00 - 11:30 am Lap/Recreation Swim
 11:30 - 12:15 pm Aqua Classes
 12:15 - 4:00 pm Lap/Recreation Swim
 4:00 - 6:45 pm Swim Team
 6:45 - 8:45 pm Lap/Recreation Swim

Thursday **Pool Usage Schedule**

5:15 - 8:00 am Lap/Recreation Swim
 8:00 - 10:30 am Aqua Classes
 10:30 - 4:00 pm Lap/Recreation Swim
 4:00 - 5:30 pm Aqua Classes
 5:30 - 8:15 pm Swim Team
 8:15 - 8:45 pm Lap/Recreation Swim

Friday **Pool Usage Schedule**

5:15 - 8:00 am Lap/Recreation Swim
 8:00 - 10:00 am Aqua Classes
 10:00 - 11:30 am Lap/Recreation Swim
 11:30 - 12:15 pm Aqua Classes
 12:15 - 4:00 pm Lap/Recreation Swim
 4:00 - 6:45 pm Swim Team
 6:45 - 7:30 pm Lap/Recreation Swim

Saturday **Pool Usage Schedule**

7:30 - 9:00 am Lap/Recreation Swim
 9:00 - 11:30 am Swim Lessons
 1:00 - 4:00 pm Lap/Recreation Swim

Sunday **Pool Usage Schedule**

1:30 - 3:30 pm Lap/Recreation Swim
 3:30 - 4:00 pm Swim Lessons

Classes

Monday
 8:15 - 9:00 am WATERinMOTION
 9:00 - 9:45 am Arthritic Aquacise
 11:30 - 12:15 pm WATERinMOTION

Tuesday
 8:00 - 8:45 am Aqua Surprise
 9:00 - 9:45 am Arthritic Aquacise
 10:00 - 10:30 am Aqua Stand Up
 12:15 - 12:45 pm Aqua Stand Up
 4:00 - 4:45 pm Water Gym
 4:45 - 5:30 pm Aquacise

Wednesday
 8:15 - 9:00 am WATERinMOTION
 9:00 - 9:45 am Arthritic Aquacise
 11:30 - 12:15 pm WATERinMOTION

Thursday
 8:00 - 8:45 am Aqua Surprise
 9:00 - 9:45 am Arthritic Aquacise
 10:00 - 10:30 am Aqua Stand Up
 4:00 - 4:45 pm Water Gym
 4:45 - 5:30 pm Aquacise

Friday
 8:15 - 9:00 am WATERinMOTION
 9:00 - 9:45 am Arthritic Aquacise
 11:30 - 12:15 pm WATERinMOTION

***Lap Swim** - 1 lap lane available - 2nd lap lane available upon request. Please follow lap etiquette when sharing is needed.

***Recreational Swim** - Open to members and guests.

***No Recreation** swim during classes or swim team.

***Children 8 and under must have an adult within arms' reach while in the pool.**

Watch for swim lesson sign-ups - ongoing throughout the year.

Good luck to all our swim teams as the competitive swim team season is in full force!

**POOL CLOSED FOR SWIM MEETS
 December 1st, 6th (2 pm),
 and 8th**