



Beatrice YMCA Pool Schedule

Effective March 26, 2019

Monday **Pool Usage Schedule**

5:15 - 8:00 am Lap/Recreation Swim
 8:00 - 10:00 am Aqua Classes
 10:00 - 11:30 am Lap/Recreation Swim
 11:30 - 12:15 pm Aqua Classes
 12:15 - 8:00 pm Lap/Recreation Swim

Tuesday **Pool Usage Schedule**

5:15 - 8:00 am Lap/Recreation Swim
 8:00 - 10:30 am Aqua Classes
 10:30 - 12:15 pm Lap/Recreation Swim
 12:15 - 12:45 pm Aqua Classes
 12:45 - 4:15pm Lap/Recreation Swim
 4:15 - 5:30 pm Swim Lessons
 5:00 - 6:00 pm Aqua Classes
 6:00 - 8:00 pm Lap/Recreation Swim

Wednesday **Pool Usage Schedule**

5:15 - 8:00 am Lap/Recreation Swim
 8:00 - 10:00 am Aqua Classes
 10:00 - 11:30 am Lap/Recreation Swim
 11:30 - 12:15 pm Aqua Classes
 12:15 - 8:00 pm Lap/Recreation Swim

Thursday **Pool Usage Schedule**

5:15 - 8:00 am Lap/Recreation Swim
 8:00 - 10:30 am Aqua Classes
 10:30 - 5:00 pm Lap/Recreation Swim
 5:00 - 6:00 pm Aqua Classes
 6:00 - 8:00 pm Lap/Recreation Swim

Friday **Pool Usage Schedule**

5:15 - 8:00 am Lap/Recreation Swim
 8:00 - 10:00 am Aqua Classes
 10:00 - 11:30 am Lap/Recreation Swim
 11:30 - 12:15 pm Aqua Classes
 12:15 - 5:30 pm Lap/Recreation Swim
 5:00 - 6:00 pm Aqua Classes
 6:45 - 7:30 pm Lap/Recreation Swim

Saturday **Pool Usage Schedule**

7:30 - 9:00 am Lap/Recreation Swim
 9:00 - 11:00 am Swim Lessons/Lap Swim
 1:00 - 4:00 pm Lap/Recreation Swim

Sunday **Pool Usage Schedule**

1:30 - 3:30 pm Lap/Recreation Swim
 3:30 - 4:00 pm Swim Lessons

Classes

Monday
 8:15 - 9:00 am WATERinMOTION
 9:00 - 9:45 am Arthritic Aquacise
 11:30 - 12:15 pm WATERinMOTION

Tuesday
 8:00 - 8:45 am Aqua Surprise
 9:00 - 9:45 am Arthritic Aquacise
 10:00 - 10:30 am Aqua Stand Up
 12:15 - 12:45 pm Aqua Stand Up
 5:00 - 6:00 pm Aquacise

Wednesday
 8:15 - 9:00 am WATERinMOTION
 9:00 - 9:45 am Arthritic Aquacise
 11:30 - 12:15 pm WATERinMOTION

Thursday
 8:00 - 8:45 am Aqua Surprise
 9:00 - 9:45 am Arthritic Aquacise
 10:00 - 10:30 am Aqua Stand Up
 5:00 - 6:00 pm Aquacise

Friday
 8:15 - 9:00 am WATERinMOTION
 9:00 - 9:45 am Arthritic Aquacise
 11:30 - 12:15 pm WATERinMOTION
 5:00 - 6:00 pm Aquacise

***Lap Swim** - 1 lap lane available - 2nd lap lane available upon request. Please follow lap etiquette when sharing is needed.

***Recreational Swim** - Open to members and guests.

***No Recreation** swim during classes or swim team.

***Children 8 and under must have an adult within arms' reach while in the pool.**

**ADJUSTED LAP/RECREATION
 POOL HOURS ON
 MARCH 29
 APRIL 12 & 26
 FOR 2ND GRADE SWIM LESSONS**